

# 2010 Whale Run/Walk Registration Form



Saturday, March 20, 2010

8:30 am

Downtown Fort Bragg/Pudding Crk Trestle/Haul Rd

*Sponsored by Soroptimist International of Fort Bragg*

Mail to:  
SIFB  
PO Box 131  
Fort Bragg, CA  
95437

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ email \_\_\_\_\_

Male     Female    Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Event: (check one)

10K Run       5K Run

5K Competitive Walk       5K Fun Walk

T-shirt size: (✓ one)     S     M     L     XL     XXL

Waiver: In consideration of your accepting this entry, I, intending to be legally bound hereby for myself, my heirs, executors and administrators, waive and release forever any and all rights and claims for damages I may accrue against the persons and the organizations affiliated with the race and all injuries arising from my participation with the Soroptimist International of Fort Bragg Whale Run/Walk, March 20, 2010 or en route to or from the event. I attest and verify that I am physically fit and sufficiently trained to safely complete the race. I understand that the entry fee is nonrefundable and the assigned numbers are non-transferable. As part of the waiver I acknowledge that I have read and understood all of the above.

Signature: \_\_\_\_\_ Date \_\_\_\_\_