

2019 Whale Run/Walk Registration Form

REGISTER BY MARCH 2 to ensure a T-Shirt

Saturday, March 16, 2019

Kiddies Race 7:30am ~ Timed Events 8am ~ Fun Walkers 8:05am

Skunk Train Depot/Pudding Crk Trestle/Haul Rd-Fun Walkers via Coastal Trail

Sponsored by Soroptimist International of Fort Bragg

Mail to:
Whale Run
PO Box 131
Fort Bragg, CA
95437
whalerun@mcn.org

Name _____
First Name Last Name

Address _____

City _____ State _____ Zip _____

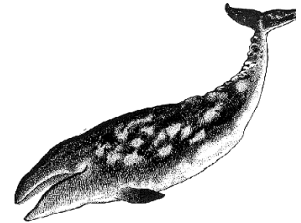
Phone _____ email _____

Male Female ___ Age _____ Date of Birth _____

Event: (check one)

10K Run 5K Run

5K Fun Walk Kiddies Race



Cotton Blend T long sleeve: S M L XL XXL Youth S Youth M

Performance T short sleeve: MaleS MaleM MaleL MaleXL MaleXXL

FemaleS FemaleM FemaleL FemaleXL FemaleXXL

CHECK this box after reading the City of Fort Bragg Waiver on Whale Run website and the SIFB waiver below:

Waiver: In consideration of your accepting this entry, I, intending to be legally bound hereby for myself, my heirs, executors and administrators, waive and release forever any and all rights and claims for damages I may accrue against the persons and the organizations affiliated with the race and all injuries arising from my participation with the Soroptimist International of Fort Bragg Whale Run/Walk, March 16, 2019 or en route to or from the event. I attest and verify that I am physically fit and sufficiently trained to safely complete the race. I understand that the entry fee is non-refundable and the assigned numbers are nontransferable. As part of the waiver I acknowledge that I have read and understood all of the above.

Signature: _____ Date _____

(Parent must sign if event participant is under 18 years of age)

Whale Run Website: soroptimistfortbraggca.org or Google "Whale Run"